



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Vegetable Soup Warm Ham and Swiss on Ciabatta Roll Cookie Fruit	2 Tender Beef Strips w/ mushroom gravy over egg noodles Green Beans Dinner Roll Fruit
5 Golden Baked Chicken w/ Rice and gravy Steamed Broccoli Fruit Dinner Roll	6 Tomato Bisque Soup Grilled Cheese Sun Chips Fruit	7 Coleslaw Crispy Fish Fillet on Hoagie Roll w/ Lettuce and Tarter French Fries Fruit	8 Diced Cucumber Salad Southwest Chicken Bake Over Steamed Rice Fruit Dinner Roll	9 Lemon Pepper Drumsticks Harvest Rice Pilaf Steamed Vegetables Fruit Dinner Roll
12 Closed	13 Turkey Pot Pie w/ biscuit top Garden Salad Fruit Cookie	14 Lentil Soup Egg Salad Sandwich Dilled Cucumber Salad Fruit	15 BBQ Meatballs Tangy Potato Salad Vegetable Apple Strudel	16 Teriyaki Chicken Bowl w/ Rice, Chicken, and stir fry veggies. Egg Roll Fruit
19 Vegetable Soup Hot Beef and Cheddar Sub Potato Wedges Fruit	20 Pickled Beet Salad Oven Fried Chicken Rice Pilaf Fruit Dinner Roll	21 Baked Potato Soup Grilled Turkey and Cheese French Fries Banana Pudding	22 Black Bean Salad Chicken Fajitas w/sour cream and salsa Spanish Rice Fruit	23 Meatloaf w/ mashed potatoes and gravy Steamed Carrots Fruit Dinner Roll
26 Chicken Salad on Croissant Fresh Veggies and Dip Chips Fruit	27 Swedish Meatballs over egg noodles Steamed Carrots Fruit Dinner Roll	28 Chicken Wild Rice Steamed Vegetables Dinner Roll Fruit	29 Minestrone Soup Club Sandwich Cookie Fruit	Halloween 30 Coleslaw BBQ Rib Sandwich Tater Tots Pumpkin Bar Fruit

1% milk, 2oz of whole grain, and fortified margarine are available with all meals. *All fresh produce is subject to availability. Substitutions may be made without notice.*

Suggested meal donation for eligible persons is \$5.00. For non-eligible persons, cost is \$9.00 per meal