

| Monday                                                                                                                      | Tuesday                                                                                                              | Wednesday                                                                                                                   | Thursday                                                                                                                      | Friday                                                                                                                                                                   |
|-----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>2</p> <p>Pork Chop Patty<br/>Scalloped Potatoes<br/>Steamed Vegetables<br/>Pears<br/>Dinner Roll</p>                     | <p>3</p> <p>Sweet and Sour Chicken<br/>Steamed Rice<br/>Stir Fry Veggies<br/>Mandarin Oranges</p>                    | <p>4</p> <p>Lasagna<br/>Breadstick<br/>Steamed Broccoli<br/>Apricots</p>                                                    | <p>5</p> <p>Grilled Chicken Sandwich w/<br/>lettuce and tomato<br/>Potato Wedges<br/>Pea and Cheese salad<br/>Fresh Fruit</p> | <p>6</p> <p>Salisbury Steak w/mashed<br/>potatoes and gravy<br/>Mixed Vegetables<br/>Applesauce<br/>Dinner Roll</p>                                                      |
| <p>9</p> <p>Vegetable Quiche<br/>Roasted Potatoes<br/>Yogurt<br/>Muffin<br/>Fresh Fruit</p>                                 | <p>10</p> <p>Lemon Pepper Pollock<br/>Baked Potato w/ Sour Cream<br/>Steamed Veggies<br/>Peaches<br/>Dinner Roll</p> | <p><b>Veterans Day</b> 11</p> <p>Meatloaf<br/>Mashed Potatoes w/ Gravy<br/>Steamed Vegetables<br/>Dinner Roll<br/>Fruit</p> | <p>12</p> <p>Italian Salad<br/>Stuffed Shells w/ marinara<br/>and parmesan<br/>Breadstick<br/>Pears</p>                       | <p>13</p> <p>Vegetable Soup<br/>Warm Ham and Swiss on<br/>Ciabatta Roll<br/>Cookie<br/>Fresh Fruit</p>                                                                   |
| <p>16</p> <p>Tender Beef Strips w/<br/>mushroom gravy over egg<br/>noodles<br/>Green Beans<br/>Dinner Roll<br/>Apricots</p> | <p>17</p> <p>Golden Baked Chicken w/<br/>Rice and gravy<br/>Steamed Broccoli<br/>Peaches<br/>Dinner Roll</p>         | <p>18</p> <p>Tomato Bisque Soup<br/>Grilled Cheese<br/>Sun Chips<br/>Fresh Fruit</p>                                        | <p>19</p> <p>Coleslaw<br/>Crispy Fish Fillet on Hoagie<br/>Roll w/ Lettuce and Tarter<br/>French Fries<br/>Pineapple</p>      | <p><b>Thanksgiving Meal</b> 20</p> <p>Roasted Turkey/ Stuffing<br/>Mashed Potatoes w/Gravy<br/>Cranberry Sauce<br/>Garden Vegetables<br/>Pumpkin Pie<br/>Dinner Roll</p> |
| <p>23</p> <p>Lemon Pepper Drumsticks<br/>Harvest Rice Pilaf<br/>Steamed Vegetables<br/>Mandarin Oranges<br/>Dinner Roll</p> | <p>24</p> <p>Turkey Pot Pie w/ biscuit top<br/>Garden Salad<br/>Tropical Fruit<br/>Cookie</p>                        | <p>25</p> <p>Bowl of Chili topped w/<br/>green onion and shredded<br/>cheddar<br/>Tortilla Chips<br/>Fresh Fruit</p>        | <p><b>No Lunch Service</b> 26</p>         | <p>27</p> <p><b><u>No Lunch</u></b><br/><b>Holiday Observance</b></p>                                                                                                    |
| <p>30</p> <p>Pasta Salad<br/>Tuna Melt<br/>Sun Chips<br/>Fresh Fruit</p>                                                    |                                                                                                                      |                                                                                                                             |                                                                                                                               |                                                                                     |

1% milk, 2oz of whole grain, and fortified margarine are available with all meals. *All fresh produce is subject to availability. Substitutions may be made without notice.*

Suggested meal donation for eligible persons is \$5.00. For non-eligible persons, cost is \$9.00 per meal