

November

Monday	Tuesday	Wednesday	Thursday	Friday
3 Hot Beef & Cheddar Sub Vegetable Soup Potato Wedges Pears	4 Dijon Chicken Lemon Orzo Steamed Broccoli Pineapple Dinner Roll	5 Tuna Melt Garden Salad Sun Chips Fresh Fruit	6 Chicken Fajitas Black Bean Salad Spanish Rice Mandarin Oranges	7 Chili Tortilla Chips Fresh Fruit
10 Meatloaf <i>with</i> Mashed Potatoes & Gravy Mixed Vegetables Fresh Fruit Dinner Roll	11 Cabbage Rolls Rice Steamed Vegetables Fresh Fruit	12 Swedish Meatballs <i>over</i> Egg Noodles Steamed Carrots Mixed Fruit Dinner Roll	13 Club Sandwich Minestrone Soup Fresh Fruit Cookie	14 Lasagna Steamed Broccoli Applesauce Breadstick
17 Pork Chop Patty Scalloped Potatoes Steamed Vegetables Applesauce Dinner Roll	18 Sweet & Sour Chicken Steamed Rice Stir Fry Veggies Mandarin Oranges	19 Taco Salad <i>with</i> Beef Refried Beans Fresh Fruit Chips	20 Grilled Chicken Sandwich <i>with</i> Lettuce & Tomato French Fries Pears	21 <i>Thanksgiving Meal</i> Roasted Turkey Mashed Potatoes <i>with</i> Gravy Stuffing Cranberry Sauce Sliced Buttered Carrots Pumpkin Pie Dinner Roll
24 Three Cheese Frittata Hashbrown Sausage Muffin Fresh Fruit Bowl	25 Grilled Lemon Herb Pollock Wild Rice Caribbean Vegetables Dinner Roll Fresh Fruit	26 Stuffed Shells <i>with</i> Marinara & Parmesan Italian Salad Pears Breadstick	CLOSED 27 	CLOSED 28 
	LEAD WITH KINDNESS <i>Live with gratitude</i>			

1% milk, roll or bread, and fortified margarine are available with all meals.

Meal Substitutions may be made without notice. All fresh produce is subject to availability.

Suggested meal donation for eligible persons is \$4.00. **For non-eligible persons, cost is \$8.00 per meal.**