

August

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Steak Quesadilla Side Salad Refried Beans Fresh Fruit
4 French Dip <i>with</i> Au Jus Potato Wedges Carrots Peaches	5 Veggie Burger French Fries Mandarin Oranges	6 Cheese Pizza <i>with</i> Veggies Garden Salad Pudding Fresh Fruit	7 Grilled Chicken & Citrus Salad Flat Bread <i>with</i> Hummus Fresh Fruit Cookie	8 Warm Ham & Swiss <i>on</i> Ciabatta Bun Broccoli Salad Sweet Potato Fries Fresh Fruit
11 Cheeseburger Chopped Cucumber Salad Baked Beans Watermelon	12 Lemon Pepper Chicken Roasted Potatoes Steamed Zucchini Mandarin Oranges Dinner Roll	13 Fish Sandwich Coleslaw French Fries Mixed Fruit	14 Chef Salad: Romaine, Ham, Turkey, Boiled Egg, Cucumber, Tomato & Cheddar Breadstick, Fresh Fruit Cookie	15 Salisbury Steak Mashed Potatoes & Gravy Dilled Carrots Garden Salad Apricots Dinner Roll
18 Spanish Omelet Diced Hashbrown Potatoes Yogurt Cup Tropical Fruit Muffin	19 Stuffed Peppers Steamed Rice Broccoli Peaches Dinner Roll	20 Southwestern Salad: Tortilla bowl, chicken, black beans, corn, cheddar, tomatoes Fiesta Dressing Fresh Fruit Muffin	21 Salmon Burger Potato Salad Pineapple Cookie	22 Chicken Salad <i>on</i> Croissant Fresh Veggies & Dip Fresh Fruit
25 Cranberry Turkey Wrap Broccoli Salad Fresh Fruit Chips	26 Meatball Stroganoff Egg Noodles Stir Fry Vegetables Mandarin Oranges Dinner Roll	27 Crispy Chicken Salad: Romaine, Tomato, Cucumber, Boiled Egg & Cheddar Fresh Fruit Bread Stick	28 Baked Manicotti <i>with</i> Marinara & Parmesan Steamed Broccoli Applesauce Breadstick	29 Butter Chicken Turmeric Rice Cucumber Salad Mixed Fruit

1% milk, roll or bread, and fortified margarine are available with all meals.

Meal Substitutions may be made without notice. All fresh produce is subject to availability.

Suggested meal donation for eligible persons is \$4.00. For non-eligible persons, cost is \$8.00 per meal