



Monday	Tuesday	Wednesday	Thursday	Friday
3 Warm Ham & Swiss on a Kaiser Roll Sweet Potato Fries Pea & Cheese Salad Tropical Fruit	4 Grilled Cheese Tomato Bisque Orange Wedges Garden Salad	5 California Turkey Burger Broccoli Salad French Fries Fresh Fruit	6 Vegetarian Lasagna Parmesan Spinach Salad Garlic Bread Mandarin Oranges Pudding	7 Pork Chop Patty Scalloped Potatoes Green Beans Apricots Dinner Roll
10 Stuffed Shells <i>with</i> Marinara & parmesan Steamed Spinach Garlic Bread Fresh Fruit	11 Grilled Turkey & Cheddar on Flat Bread Pickled Beet Salad Pineapple Chips	12 Fish & Chips Coleslaw Corn Muffin Peaches	13 Chicken Chili Garden Salad Tortilla Chips Mandarin Oranges	14 Corned Beef & Cabbage Red Potatoes Carrots Rye Bread Apple Duff 
17  Chicken Parmesan <i>with</i> Marinara on top of Spaghetti Noodles Breadstick Winter Mix Vegetables Fresh Fruit	18 Lemon Pepper Pollock Baked Potato Dilled Carrots Mixed Fruit Dinner Roll	19 Meatball Sub Caesar Salad Potato Wedges Orange Wedges	20  Grilled Chicken Breast Turmeric Rice Garden Vegetables Fresh Fruit Dinner Roll	21 Salisbury Steak Mashed Potatoes & Gravy Capri Vegetables Garden Salad Peaches Dinner Roll
24 Hot Roast Beef Sandwich Mashed Potatoes & Gravy Peas & Carrots Applesauce Cookie	25 Crispy Chicken Sandwich French Fries Fresh Fruit Cookie	26 Taco Salad <i>with</i> beef, cheese, sour cream, lettuce, salsa, & chips Refried Beans Mandarin Oranges	27 Country Fried Steak Garlic Roasted Potatoes Green Beans Pears Dinner Roll	28 Roasted Chicken Legs Homemade Mac & Cheese Succotash Applesauce Dinner Roll
31 Tuna Salad Sandwich Fresh Veggies <i>with</i> dip Fresh Fruit Chips/Cookie				

1% milk, roll or bread, and fortified margarine are available with all meals.

Meal substitutions may be made without notice. All fresh produce is subject to availability.

Suggested meal donation for eligible persons is \$4.00. For non-eligible persons, cost is \$8.00 per meal