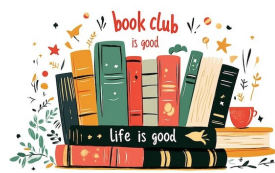


## Book Club

Wednesday, November 20<sup>th</sup>  
1:00-2:30pm

*The Last List of Miss Judith Kratt*



# What's Happening

  
**STILLY VALLEY CENTER**  
18308 Smokey Point Blvd  
Arlington, WA 98223  
360.653.4551  
[www.stillycenter.org](http://www.stillycenter.org)



## Upcoming Day Trips

Our day trips encourage our members to venture out of their comfort zone and spend time with others. We like to try new restaurants, casinos, or enjoy the outdoors. New ideas are always welcome. Please email Lisa at [lhundley@stillycenter.org](mailto:lhundley@stillycenter.org) with new trip ideas. Here is what we have scheduled for this month's day trips.

**Thursday, November 14<sup>th</sup> -Rockaway Bar & Grill**

## Snow Closure Protocol

In the event of ice or snow, we follow the **Arlington School District's** inclement weather schedule. If school is closed, we will be as well, if they are running on a late start schedule, we will also. You may call the front desk to confirm our opening time, or check our Facebook page for updates.



Stilly Valley Center will be present at the Volunteer Fair on  
Saturday, November 9<sup>th</sup>  
10:00am-1:00pm

1424 172nd St. NE  
Marysville, WA 98271



## Foot Clinic

If you need your toenails cut, please call Kathy to schedule your appointment. Kathy is here on Monday, Tuesday & Wednesday, the first 2 weeks of the month.

**Kathy Epperson**  
425.355.0852



## Veteran's Day Recognition

Friday, November 8<sup>th</sup>  
10:00-10:30am

Arlington's ROTC Cadets have prepared a program honoring our Veterans. Please join us as we celebrate these remarkable men & women. Music with Rick Haugen will begin at 10:45am.



## Thanksgiving Lunch

Friday, November 22<sup>nd</sup>  
12:00-12:30pm

Join us for Thanksgiving lunch. Please RSVP at the front desk to ensure we have enough food for all attending.

Roasted Turkey  
Stuffing  
Mashed Potatoes & Gravy  
Garden Vegetables  
Cranberry Sauce  
Dinner Roll  
Pumpkin Pie

## Closing Early

Friday, November 22<sup>nd</sup>

We will be closing at 2:00pm due to maintenance



## Center Closures

Thursday, November 28<sup>th</sup>  
Friday, November 29<sup>th</sup>





## Christmas Lunch

Friday, December 13<sup>th</sup>

Don't forget to reserve your seat for our Christmas Lunch!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Enjoy lunch with us</p> <p>Monday-Friday 12:00-12:30PM</p>					<p>1</p> <p>9:00a- Qi Gong/Tai Chi 10:45a- Live Music <i>Rick Cooper</i> 11:00a- Hearing Aid Cleaning 12:00p- Pinochle 1:00p- Wii Bowling</p>	<p>2</p>
<p>3</p> 	<p>4</p> <p>9:30a- Gentle Joint &amp; Muscle Relief 10:00a- *Foot Clinic 10:30a- Comedy Hour 12:30p- Tapping (EFT)</p>	<p>5</p>  <p>10:00a- Gentle Yoga 10:00a- *Foot Clinic 10:00a- Mexican Train 10:45a- Beginner Line Dance 11:00a- Writing Group 11:15a- Line Dance 12:30p- Diamond Dot 12:30p- Chair Dance 1:00p- Cribbage</p>	<p>6</p> <p>9:00a- *Sew Daze 10:00a- Canasta/Samba 10:00a- *Foot Clinic 12:45p- *Pickleball 6:00p- Zumba</p>	<p>7</p> <p>9:00a- Happy Hookers 10:00a- Food Room 10:00a- Mexican Train 10:45a- Beginner Line Dance 11:15a- Line Dance 11:30a- *Bridge 12:30p- Chair Dance 1:00p- Bible Study 5:00p- Pinochle</p>	<p>8</p> <p>9:00a- Qi Gong/Tai Chi 10:45a- Live Music <i>Rick Haugen</i> 12:00p- Pinochle 1:00p- Wii Bowling</p>	<p>9</p>
<p>10</p> 	<p>11</p> <p>9:30a- Gentle Joint &amp; Muscle Relief 10:00a- *Foot Clinic 10:30a- Comedy Hour 12:30p- Tapping (EFT)</p>	<p>12</p> <p>10:00a- Gentle Yoga 10:00a- Mexican Train 10:00a- *Foot Clinic 10:45a- Beginner Line Dance 11:00a- Writing Group 11:00a- Mobile Food Market 11:15a- Line Dance 12:30p- Diamond Dot 12:30p- Chair Dance 1:00p- Cribbage</p>	<p>13</p> <p>10:00a- *Foot Clinic 10:00a- Canasta/Samba 12:45p- *Pickleball 6:00p- Zumba</p>	<p>14</p> <p>9:00a- Happy Hookers 10:00a- Food Room 10:00a- Mexican Train 10:45a- Beginner Line Dance 11:15a- Line Dance 11:30a- *Bridge 12:30p- Chair Dance 1:00p- Bible Study 5:00p- Pinochle</p>	<p>15</p> <p>9:00a- Qi Gong/Tai Chi 10:45a- Live Music <i>Doug Williams</i> 12:00p- Pinochle 1:00p- Wii Bowling</p>	<p>16</p>
<p>17</p>	<p>18</p> <p>9:30a- Gentle Joint &amp; Muscle Relief 10:30a- Comedy Hour 12:30p- Tapping (EFT)</p>	<p>19</p> <p>10:00a- Gentle Yoga 10:00a- Mexican Train 10:45a- Beginner Line Dance 11:00a- Writing Group 11:15a- Line Dance 12:30p- Diamond Dot 12:30p- Chair Dance 1:00p- Cribbage</p>	<p>20</p> <p>9:00a- *Sew Daze 10:00a- Canasta/Samba 12:45p- *Pickleball 1:00p- *Book Club 6:00p- Zumba</p>	<p>21</p> <p>9:00a- Happy Hookers 10:00a- Food Room 10:00a- Mexican Train 10:45a- Beginner Line Dance 11:15a- Line Dance 11:30a- *Bridge 12:30p- Chair Dance 12:45p- Ice Cream Social 1:00p- Bible Study 5:00p- Pinochle</p> 	<p>22</p>  <p>9:00a- Qi Gong/Tai Chi 10:45a- Live Music <i>Oyster Bay</i> 12:00p- Pinochle 1:00p- Wii Bowling</p>	<p>23</p>
<p>24</p> <p>Classes/Activities with an * require an appointment or pre register to attend</p>	<p>25</p> <p>9:30a- Gentle Joint &amp; Muscle Relief 10:30a- Comedy Hour 12:30p- Tapping (EFT)</p>	<p>26</p> <p>10:00a- Gentle Yoga 10:00a- Mexican Train 10:45a- Beginner Line Dance 11:00a- Writing Group 11:00a- Mobile Food Market 11:15a- Line Dance 12:30p- Diamond Dot 12:30p- Chair Dance 1:00p- Cribbage</p>	<p>27</p> <p>10:00a- Canasta/Samba 12:45p- *Pickleball 6:00p- Zumba</p>	<p>28</p> <p>CLOSED</p> 	<p>29</p> <p>CLOSED</p>	<p>30</p>