

Monday	Tuesday	Wednesday	Thursday	Friday
			¹ Steak Quesadilla w/salsa & sour cream Side Salad: shredded lettuce, tomato, and cheddar. Refried Beans Fresh Fruit	² Baked Manicotti with Marinara and Parmesan Steamed Broccoli Breadstick Applesauce
⁵ Pork Chop Sandwich with Grilled Onion, Lettuce & Tomato Pea and Cheese Salad Potato Wedges Tropical Fruit	⁶ Grilled Lemon Herb Pollock Rice Pilaf Garden Vegetables Pears Dinner Roll	⁷ Veggie Burger Roasted Potatoes Pudding Italian Salad Peaches	⁸ Grilled Chicken & Citrus Salad Flatbread w/hummus Fresh Fruit Cookie	⁹ Warm Ham & Swiss on Ciabatta Bun Broccoli Salad Sweet Potato Fries Fresh Fruit
¹² Cheeseburger with lettuce & tomato Chopped Cucumber Salad Baked Beans Watermelon	¹³ Fish Sandwich with Lettuce, Tarter & Tomato Coleslaw French Fries Mixed Fruit	¹⁴ Lemon Pepper Chicken Homemade Mac & Cheese Steamed Zucchini Mandarin Oranges Dinner Roll	¹⁵ Chef Salad: Romaine, Ham &Turkey, Boiled Egg, Cucumber, Tomato, Cheddar Breadstick Fresh Fruit Cookie	¹⁶ Salisbury Steak Mashed Potatoes and Gravy Garden Salad Dilled Carrots Apricots Dinner Roll
¹⁹ Stuffed Peppers Steamed Rice Broccoli Peaches Dinner Roll	²⁰ Spanish Omelet Diced Hash Brown Potatoes Yogurt Cup Tropical Fruit Muffin	²¹ Southwestern Salad: Chicken, black beans, corn, cheddar, tomatoes in a tortilla shell with fiesta dressing Fresh Fruit Muffin	²² Salmon burger with Lettuce & Tomato Potato Salad Pineapple Cookie	²³ Chicken Salad on Croissant with Lettuce Fresh Veggies & Dip Fresh Fruit
²⁶ Cranberry Turkey Wrap Broccoli Salad Fresh Fruit Chips	²⁷ Meatball Stroganoff Steamed Rice Stir Fry Vegetables Mandarin Oranges Dinner Roll	²⁸ Crispy Chicken Salad w/Romaine, Tomato, Cucumber, Boiled Egg & Cheddar Fresh Fruit Bread Stick	²⁹ French Bread Pizza Garden Salad Tropical Fruit Brownie	³⁰  Aloha Chicken Sweet Potatoes Island Vegetables Ambrosia Fruit Salad Macadamia Cookie

1% milk, roll or bread, and fortified margarine are available with all meals. *Meal Substitutions may be made without notice. All fresh produce is subject to availability.*

Suggested meal donation for eligible persons is \$4.00. For non-eligible persons, cost is \$8.00 per meal