





## Well-being as we age Homage Senior Services Congregate Nutrition Program Menu- Served from 12:00-12:30pm

Monday	Tuesday	Wednesday	Thursday	Friday	
		1	2		3
		Tender Beef Strips with Mushroom Gravy Mashed Potatoes Capri Vegetables Orange Slices/Dinner Roll	Veggie Burger with cheese, lettuce and tomato Dilled Cucumber Salad French Fries Peaches	Pork or Shrimp Soft Tacos Taco Slaw Spanish Rice Black Bean Salad Churro	
6	7	8	9	Mother's Day Lunch	10
Egg Salad Sandwich Lentil Soup Applesauce Chips	Mac and Cheese Green Beans Pickled Beet Salad Fresh Fruit Dinner Roll	Southwestern Salad: Chicken, Beans, Cheese, Corn, Romaine, & Tomato in a Tortilla bowl with Fiesta dressing Banana Pudding Parfait	Club Sandwich with Dill pickle on the side Broccoli Salad Mixed Fruit Sun Chips	Grilled Salmon Roasted Potatoes Garden Vegetables Caesar Salad Strawberry Shortcake	
13	14	15	16		17
Stuffed Bell Peppers Steamed Rice Peas and Carrots Apricots Dinner Roll	Chicken Primavera Pasta Brussel Sprouts Garlic Bread Ambrosia Fruit Salad	Mini Danish Cheese Omelet Sausage Hash Browns Mandarin Oranges	Shrimp Louie Salad Breadstick Muffin Fresh Fruit	Cranberry Turkey Wrap Broccoli Salad Sun Chips Peaches Cookie	
20	21	22	23		24
Hot Seafood Sandwich Seasoned Potato Wedges Fresh Fruit Cookie	Hot Beef & Cheddar Sandwich with Peppers and onion Pea and Cheese Salad Potato Wedges Mixed Fruit	Turkey Pot Pie w/biscuit top Garden Salad Fresh Fruit Pudding	Crispy Chicken Salad: Romaine, Cucumber, Tomato, Boiled Egg & Cheddar Cheese Soup of the Day Peaches Dinner Roll	Chili Dog Coleslaw Garlic Fries Watermelon	
CLOSED	28	29	30		31
Memorial * Day	Red Beans & Rice Bowl w/smoked sausage and grilled onions and peppers Garden Salad Tropical Fruit Dinner Roll	Cobb Salad Breadstick Mandarin Oranges Brownie	Grilled Lemon Herb Pollock Wild Rice Caribbean Vegetables Dinner Roll Peaches	Chicken Parmesan on spaghetti w/marinara & Parmesan Cheese Breadstick California Vegetables Pears	

1% milk, roll or bread, and fortified margarine are available with all meals. *Meal Substitutions may be made without notice*. All fresh produce is subject to availability.

Suggested meal donation for eligible persons is \$4.00. For non-eligible persons, cost is \$8.00 per meal