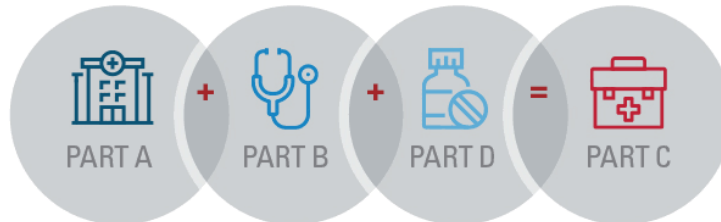


UNDERSTANDING

Medicare



SHIBA INFORMATION

Medicare open enrollment begins Oct 15th through Dec 7th. **SHIBA** (Statewide Health Insurance Benefits Advisors) **provides FREE and UNBIASED Medicare advice to help you navigate the process.**

People who are already enrolled in Medicare can access private individual sessions from home via Zoom or phone by using the information at this link <https://www.edmondswaterfrontcenter.org/ewc-programs/shiba/> or calling/emailing SHIBA directly to schedule an appointment

Call:

Snohomish County: 425-290-1276

Skagit County and Camano Island: 360-826-8828

Email:

shibasnohomish@gmail.com

The Stilly Valley Center will be hosting **VIP facilitated Zoom sessions on October 26th from 9:00-1:00. Please contact Debbie, the Health & Wellness Coordinator, at 360-653-4551 ext 270 or email dhonan@stillycenter.org for more information and to schedule an appointment. **Please note that proof of vaccination or a valid exemption certificate must be presented to the front desk prior to accessing any services at this facility.****