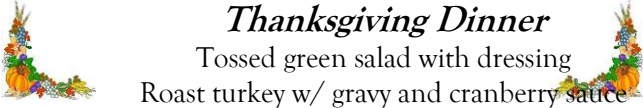









Homage Senior Services Congregate Nutrition Program Menu

November 2017

Monday	Tuesday	Wednesday	Thursday	Friday
 <i>Thanksgiving Dinner</i> Tossed green salad with dressing Roast turkey w/ gravy and cranberry sauce Old fashioned stuffing Mashed potatoes Vegetable blend Dinner roll Pumpkin pie		1 Coleslaw Fish and chips with tartar sauce and ketchup Corn muffin Seasonal fresh fruit	2 Tossed salad Swedish meatballs on noodles Spinach Fruit cocktail	3 Tossed green salad Stuffed green peppers Rice with peas Seasonal fresh fruit
6 STILLY GRILL	7 BINGO CAFE	8 Tossed green salad Baked chicken Scalloped potatoes Green beans Peaches	9 Tossed green salad Beef macaroni tomato casserole Dilled carrots Seasonal fresh fruit	10 Tossed green salad Chicken ala king in bread bowl Mixed vegetables Bar cookie
13 STILLY GRILL	14 BINGO CAFE	Broccoli salad Lemon pepper pollock Baked potato / sour cream Spinach Seasonal fresh fruit	Tossed green salad Hot roast beef sandwich with gravy Mashed potatoes Capri blend vegetables Mandarin oranges	17 <i>Thanksgiving Dinner Served</i> 
20 STILLY GRILL	21 BINGO CAFE	22 Tossed salad Tuna melt Oven fries Peaches 	23 Closed for the Holiday 	24 Closed For Holiday 
27 STILLY GRILL	28 BINGO CAFE	29 Fruit salad Chicken parmesan on spaghetti with sauce Green beans Garlic bread stick Sherbet	30 Coleslaw Salmon burger on WW bun with lettuce Baked beans Seasonal fresh fruit	 November

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice. Suggested meal donation for eligible persons is \$3.00. For non-eligible persons, cost is \$6.00 per meal