



FEBRUARY 15 1PM-3:00PM SNOMENTIA NORTH “ROCKS”

Create “random acts of kindness and encouragement” message rocks!!!

Join us for our regular ice cream social and stay to create message rocks to spread the joy of connectedness and caring.

Momentia is a grassroots movement empowering persons with memory loss and their loved ones to remain connected and active in the community.

**FREE and open to
the public**

Stilly Center

MAIN HALL

Supplies Provided

**Ice Cream served
at 1pm**

**Rock Painting to
follow after clean
up!**

Stillaguamish Senior Center

18308 Smokey Point Blvd

Arlington, WA 98223